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Biomaterials For Craniofacial Bone Regeneration

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Synopsis

Functional reconstruction of craniofacial defects is a major clinical challenge in craniofacial sciences, especially in complex situations involving traumatic injury, cranioplasty and oncologic surgery. The advent of biomaterials has been viewed as a potential alternative to standard autologous/allogenic grafting procedures to achieve clinically successful bone regeneration. Over the years, the field of biomaterials for bone augmentation has swiftly advanced to create novel instructive materials and engineering technologies, emerging as an important therapeutic modality for craniofacial regeneration. This chapter discusses various classes of biomaterials, ranging from bioceramics to biopolymers that are currently employed in craniofacial reconstruction. Further, here we review the clinical applications of biomaterials as delivery agents for the sustained release of stem cells, genes and growth factors. Additionally, we cover recent advancements in 3D printing and bioprinting techniques that appear to be promising for future clinical treatments for craniofacial reconstruction. In summary, the present review highlights relevant topics in the bone regeneration literature exemplifying the potential of biomaterials to repair bone defects.

Keywords

Tissue engineering; stem cells; 3D bioprinting; gene delivery; growth factor delivery; bone regeneration; calcium phosphate

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Introduction

The field of craniofacial bone regeneration has experienced tremendous expansion since the inception of the concept of tissue engineering [1], more than 2 decades ago. Arguably, research and development in the area of bone augmentation have contributed significantly to the establishment of tissue engineering as a viable treatment option in medicine and dentistry [2]. Biomaterials represent a fundamental aspect of bone regeneration. It is widely recognized that biomaterials can be tailored to regulate the microenvironment in which cells reside during the process of new bone formation. This essentially means that the ability to manipulate the composition, architecture, and properties of different biomaterials allows one to control the rate of regeneration, and ideally enhance the process of new bone formation [2, 3].

Biomaterials are generally used as biocompatible scaffold systems that allow for the migration, proliferation and differentiation of either resident or externally delivered cells, which are utilized to promote new bone formation. A wide variety of biomaterials have been utilized for craniofacial bone augmentation. These are typically divided into either organic or inorganic materials, where calcium phosphate (CaP) bioceramics represent the majority of inorganic scaffolds, and natural or synthetic biopolymers form the majority of organic scaffolds. In brief, the basic rational behind such materials choice is based on a reductionist attempt to mimic the organic-inorganic composition of native bone, where collagen fibrils (a natural organic polymer) are reinforced with hydroxyapatite crystallites (a natural bioceramic) to form a strong and durable natural biomaterial.

In this article, we review recent developments in the translation of biomaterials design and fabrication for clinical strategies of craniofacial bone augmentation. We describe recently reported aspects of CaP bioceramic regenerative materials, recent work on the synthesis and applications of natural and synthetic polymeric hydrogels, as well as protein delivery in the form of plasma rich fibrin, and hybrids of organic/inorganic scaffolds. Furthermore, we discuss the use of biomaterials as tools to enable the effective delivery of growth factors, stem cells and gene therapy. Lastly, we review recent developments in the 3D printing of regenerative scaffold materials for craniofacial bone augmentation.

Bioceramics

CaP scaffolds and cements

Bioceramics such as calcium phosphates (CaP), calcium carbonates, calcium sulfates, bioactive glasses, and composite materials combining bioactive inorganic materials with biodegradable polymers are some of the most promising biomaterials for application in bone regeneration [4]. Research concerning the ability of CaP bioceramics to stimulate bone growth date back to the 1920s, when an aqueous slurry of 'triple calcium phosphate' was used in an attempt to enhance bone formation [5]. Especially since the establishment of tissue engineering as a viable treatment alternative in the late 90s [1], research around CaP materials for bone regeneration has expanded tremendously. These materials have received great attention in the bone regeneration community due to their ability to promote rapid bone formation on their surface (Table 1). Several reasons have been proposed to explain

these advantageous properties, including the great compositional similarities of CaP materials to the main constituent of human bone, hydroxyapatite; the ability of osteoprogenitor cells to process and resorb CaP materials; and the complex yet highly effective intracellular signaling of osteogenesis that is triggered by the presence of soluble calcium and inorganic phosphates [6] resulting from byproducts of CaP crystal dissolution (Figure 1).

Adapted from Dorozhkin SV. Calcium orthophosphates: Occurrence, properties, biomineralization, pathological calcification and biomimetic applications. Biomatter 2011; 1(2): 122; and Habraken W, Habibovic P, Epple M, et al. Calcium phosphates in biomedical applications: materials for the future? Materials Today 2016; 19(2): 70; and Chow LC. Solubility of calcium phosphates. In: Chow LC, Eanes ED, editors. Octocalcium Phosphate, vol 18. Karger Publishers; 2001, p. 98; with permission.

Currently there exists a myriad of CaP materials that are commercially available for bone regeneration, and typically these include one or more phases of CaP in different mineral phases, crystal structures and processing conditions (Table 2). Research has shown that the specific mineral phase constituting a CaP biomaterial plays a major role in determining the efficacy of the material for osteogenesis. Importantly, it has been demonstrated that the solubility of the CaP mineral phase is a key factor regulating osteoinduction [10]. Initial efforts to develop CaP scaffold materials focused on the synthesis of materials with a similar composition as the mineral found in natural bone, while ensuring high mechanical properties [11]. This was typically achieved by sintering CaP grafts to form sintered hydroxyapatite (HA) or sintered β -tricalcium phosphate (β -TCP), or combinations thereof. However, the sintering process yields scaffold materials that are too brittle for load bearing applications, have little injectability in bulk, and very low solubility, which hinders osteoclast-driven biodegradation and scaffold remodeling. The discovery of bone cements constituted of CaP phases that can be formed at room temperature (calcium deficient HA, brushite, octacalcium phosphate and monetite) opened up a wide range of possibilities in the manufacture of new CaP bone scaffold materials [12-15]. Importantly, these materials have much lower solubility rates and have been shown to transform into a more stable HA phase upon implantation [16–18]. In fact it has been suggested that these less crystalline phases with lower solubility than sintered CaPs have superior biological properties [19].

Historically, CaP materials have commonly been found in particulate form, but have also been processed as blocks or porous blocks. These have posed relevant limitations on their clinical use, especially in dentistry, since the injectable materials have improved handling and less invasive characteristics. Moreover, controlling shape and architecture using particulate materials is often difficult, in comparison to more user-friendly soft/moldable sponges and polymers, which has likely hindered their clinical use for craniofacial applications where larger reconstruction is necessary.

Although the mechanisms of CaP-induced bone formation are still incompletely understood, there currently exists a breadth of pre-clinical evidence demonstrating the efficacy of these materials for translational applications. A noteworthy study by Yuan et al, for instance, demonstrated that an osteoinductive TCP ceramic material yielded comparable results to an

autograft scaffold and scaffolds loaded with a potent osteoinductive growth factor (recombinant human bone morphogenetic protein, or rhBMP-2), where bridging of an ovine critical sized defect was obtained with comparable results regardless of the material utilized [21]. A series of clinical trials on various commercially available products also point to the promising use of CaP materials for orthopedic and craniofacial bone regeneration. Currently, according to clinicaltrials.gov there are over 300 clinical trials being conducted in the world testing the effectiveness of calcium phosphate materials for bone applications, with 60 already completed in the U.S. alone, and an additional 58 in Europe.

In summary, although many phases and compositions of CaP have shown the ability to induce bone formation, studies comparing HA against TCP, or of HA against biphasic calcium phosphate (consisting of HA with TCP), have generally demonstrated that the presence of a more soluble phase enhances bone formation [22–24], although some higher degree of stability in the mineral phase is generally required [25]. Moreover, it has been generally accepted that the surface structural properties of the CaP material, such as microporosity, grain size and specific surface area for adsorption, play an important role in osteoinduction, perhaps even more so than internal porosity. Internal porosity has long been suggested to be more effective in the range of at least 100 μ m [26, 27], although other literature has claimed that not only macro-structural porosity, but rather surface micropores in the range of 100 nm to 10 μ m are as important to ensure fast scaffold resorption [28].

An emerging area in the synthesis of CaP is the ability of ceramic materials to elicit not only osteogenic, but also vasculogenic properties, and it is relevant to highlight that it is unlikely that any regenerative material for bone formation will be successful without considering the challenges associated with bone vascularization. Novel methods of scaffold fabrication combining CaP materials with pre-fabricated blood vessels and capillaries present an interesting approach moving forward [29, 30] (Figure 2).

Bio-inorganic substitution of CaP materials and bioglasses

Another area of research involving CaP involves doping. Many trace elements are present in the mineral phase of natural bone. Cationic substitution with Mg or Sr on CaP scaffolds can influence the mechanical properties and biological responses due to the changes in the physiochemical properties of CaPs, such as crytallinity, microstructure and solubility [32]. Tarafder investigated the influence of MgO and SrO doping of a β-TCP scaffolds in an animal model and found increased early bone formation in the doped vs. non-doped scaffolds [32]. In addition to the CaPs, bioactive glass and glass-ceramics are materials that have been thoroughly studied for their potential for bone regeneration [33]. Since 1969 when Hench and colleagues discovered that rat bone can bond chemically to certain silicate-based glass compositions, bioactive glass has been investigated and utilized clinically for bone regeneration purposes [4]. Bioactive glass has the ability to chemically react in physiologic body fluids resulting in the formation of a hydroxycarbonate apatite layer to which bone can bind [4]. Although bioactive glass and glass ceramics are still available in particulate form commercially, their limited strength and low fracture toughness have prevented their use for load-bearing implants, and therefore, the repair of larger bony defects at load-bearing anatomical sites remains a challenge [4]. However, due to the potential to improve the

osteogenic cell response, bioactive glass is utilized as a filler or coating on polymer based scaffolds. A few examples of clinically available materials for bone regeneration relying on the action of bioactive glass include GlassBone® (Noraker), BonAlive® (BonAlive Biomaterials Ltda), Vitoss® (Stryker), and Perioglass® (NovaBone). Despite the promising results obtained from bioglass based materials, and the claimed advantageous properties of this class of materials over typical CaP sintered ceramics, it is often the long term clinical performance of these systems in-vivo that determine their reliability and efficacy. Therefore, bioglass based systems remain in their infancy as far as their craniofacial and orthopedic applications compared to other existing regenerative materials.

Biopolymers

Natural polymers

Organic scaffolds, such as polymer hydrogels, find use in the delivery of cells and/or growth factors for bone regeneration owing to their cytocompatibility, ability to stimulate an appropriate cellular response, porosity and controlled degradability under physiological conditions. Biopolymers of natural origin, such as collagen, gelatin, chitosan, silk, etc., are employed for this purpose since they mimic the structure, chemical composition and biochemical properties of the natural bone organic matrix, possess low immunogenic properties and are able to stimulate appropriate cell response and function while supporting tissue remodeling [34]. Collagen, for instance, which is the most abundant protein in the extracellular matrix (ECM) of vertebrates, is a logical choice as a biomaterial for tissue regeneration. The main drawback of pure collagen scaffolds remains their poor mechanical properties, which do not approach those of natural bone tissue. Additionally, collagen isolated from animal tissues poses a risk of infection and allergic reactions [41] and cannot be mass produced; although these concerns may be alleviated through the use of recombinant collagen [42]. Natural polysaccharides, such as chitosan, agarose and alginate, are other types of natural polymeric scaffolds. In addition to the desirable properties of all natural polymers, these materials possesses positively charged amino groups on their surface that allow for interactions with anions, such as DNA, lipids, proteins and even cell membranes. Particularly, the cationic nature of chitosan promotes interactions with glycosaminoglycans and proteoglycans which are known to stimulate cytokines and growth factors important for tissue regeneration [54]. This stimulatory effect has been evidenced in multiple studies where chitosan based scaffolds promoted new bone formation in in vivo models. Silk fibroin, another natural polymer, has also demonstrated ability to support cell proliferation [57], induce osteogenesis in vitro and bone formation in in vivo calvarial defect models [58, 59]. Still, despite their biocompatibility and osteoconductive nature, silk based scaffolds have been found to have low compressive strength, thus limiting their application to non-load bearing bone tissue sites [34].

Another category of natural bone substitutes that has been widely applied clinically is demineralized bone matrix (DBM), an allograft obtained by removing the mineral component of bone [43, 44]. DBM is predominantly composed of type I collagen (~90 %) along with various growth factors (bone sialoprotein, Osteopontin, BMPs, IGF1, etc.), in addition to residues of calcium-based particles, inorganic phosphates and some trace cell

debris[45, 46]. Though commercially available DBM products are well known for their osteoinductive and osteoconductive nature, each product exhibits large variability in terms of processing conditions, sterilization methods of storage, donor specifications, etc. [47]. Upon comparing 3 different DBM products (Osteofil, Grafton, and Dynagraft) for reliability and efficacy, Wang et al. [48] reported differences in osteoinductive ability due to the inconsistency in processing conditions. It was also reported that different DBM products had variability in handling properties, ultimately resulting in intra-product differences during surgical procedure and after implantation [49]. For optimal surgical handling, DBM is often mixed with binders, such as glycerol (Grafton[®]), poloxamer carrier (Dynagraft[®]), hyaluronan (DBX®), gelatin (Regenafil®), calcium sulphate (AlloMatrixTM), lecithin (InterGro®), carboxymethyl cellulose (OsteoSelect®), bovine collagen with sodium alginate (PROGENIX® Plus), among other examples. It is also available in the form of freeze-dried powder, granules, gel, putty, or strips [49-51]. Since, DBM possess limited structural support and mechanical strength, it has been commonly utilized as a bone graft extender in well supported, stable skeletal defects [52]. Nonetheless, DBM is considered advantageous over standard autografts as it revascularizes rapidly and facilitates the local endogenous release of growth factors and therapeutic agents to induce new bone formation.

The osteoinductive and vasculogenic potential of scaffolds may be further enhanced by the introduction of appropriate growth factors that induce chemotaxis, proliferation and differentiation of the encapsulated and surrounding cells. Platelet rich plasma (PRP), blood concentrated for thrombocytes, is an autologous source of physiological concentrations of PDGF, TGF- β 1, TGF- β 2, IGF-I, IGF-II, and VEGF [65] that has been successfully used in bone repair and regeneration [66, 67]. However, the lack of standardization in the method of preparation of PRP has led to discrepancies in the results [68]. Recently, a second generation platelet rich biomaterial, platelet rich fibrin (PRF) has been developed, which is simpler to produce as it does not require the use of the coagulating agents thrombin and calcium chloride [69]. This material has been demonstrably successful both individually and in concert with other scaffold materials in promoting osteogenic differentiation and augmenting bone formation [70, 71]. In addition to the growth factors enumerated above, PRF is rich in leukocytes, cytokines and glycoproteins that participate in wound healing, matrix remodeling, immune activity and stimulation of growth factors [72].

Synthetic polymers

Several synthetic polymer based scaffold materials have been developed, including poly (ecaprolactone) (PCL), polylactic acid (PLA), polyglycolide (PGA), poly (lactide-coglycolide) (PLGA), poly(propylene fumarate) (PPF) and polyhydroxyalkanoates (PHA). These have been designed to enable better control over a wider range of mechanical properties of the scaffold through variations in the concentrations and degrees of crosslinking of the polymers, or even through copolymerization of two or more of them. These polymers can be synthesized in large quantities under controlled conditions thus ensuring uniform and reproducible properties while negating risks of infections and immunogenicity. The poly (a hydroxyl) esters - PCL, PLA, PGA and their co-polymer PLGA are the most commonly used synthetic polymers for tissue engineering owing to their mechanical stability, cytocompatibility and resorbability [73]. While PLA and PGA are unsuitable as

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scaffolds for bone tissue owing to their low osteoconductivity and compressive strength respectively, PLGA co-polymers with varying ratios of PLA and PGA are more soluble, provide a wider range of mechanical properties, enhanced osteoconductivity and controlled rates of degradation [74]. PCL is yet another aliphatic polyester scaffold that is preferred for its flexibility and controlled rate of degradation. In vivo, these scaffolds undergo hydrolytic degradation wherein their monomeric degradation products are removed through natural pathways and are hence approved by the FDA for use in tissue engineering [73]. However, their degradation products are often acidic in nature causing undesirable local changes in pH. Furthermore, their hydrophobic nature is not conducive to cell attachment, and the absence of functional groups results in inferior osteoinduction [73]. These shortcomings may be somewhat diminished in composite scaffolds with hydrophilic polymers, such as polyethylene glycol (PEG), and by coating with natural biomaterials such as collagen [76]. Recent advances in scaffolds for bone regeneration involve the use of hybrid natural and synthetic biomaterials in order to take advantage of the benefits of each. Inclusion of PCL or PCL-PEG-PCL copolymer nanofibers in collagen [82, 83] or chitosan [84] serves to combine the biomimicry and stimulatory effects of natural polymers with the structural and mechanical stability of synthetic polymers, thus offering viable scaffold options with superior osteogenic potential.

Biomaterials for controlled delivery

A synergistic combination of cells, proteins, genes and biophysical signals are critical to trigger functional bone regeneration. In the native tissue milieu, the local presentation and spatiotemporal distribution of these combinatorial factors are highly orchestrated by ECM components. This native complex microenvironment has inspired the design and development of biomimetic and biodegradable material carriers possessing ECM-like properties for the controlled delivery and retention of regenerative factors at the injury site over a prolonged period. In light of the tremendous advantage of biomaterials for the targeted and sustained release of therapeutic agents, this section will discuss some of the recent developments in biomaterial-based delivery formulations, from a clinical and translational perspective.

Growth factor delivery

Many growth factors (GFs) have been clinically proven to play a key role in craniofacial growth and development, including TGF- β , FGF, VEGF, PDGF, IGFs and BMPs (BMP-2 and BMP-7) [85],[86],[87]. For example, recombinant human BMPs (rhBMPs), [88] one of the widely investigated FDA approved growth factors, are involved in various developmental processes critical for the formation of soft and hard callus, cranial neural crest, facial primordia, tooth, lip and palate.[89, 90] BMPs act in concert with TGF- β to modulate MSC differentiation during skeletal development, bone formation and bone homeostasis via the activation of the Smad-dependent signaling pathway or MAPK pathway. Likewise, FGF signaling is known to exhibit multiple functions in craniofacial skeletogenesis, [91] whereas PDGFs are potent mediators involved in wound healing, bone repair and remodeling during trauma/infection by inducing proliferation of osteoblastic precursor cells [92]. Similarly, IGFs have an important role in general growth and maintenance of the body skeleton. VEGF,

apart from its role in proliferation, vascularization and ossification during bone formation is known to influence calvarial ossification as well as maxillary and palatal mesenchyme [93]. Altogether, an imbalance of these growth factors is associated with severe craniofacial anomalies. Thus, they can be utilized widely in clinical settings as potential therapeutic agents to augment the healing process [94, 95].

Though direct administration of GFs into damaged/degenerated tissues is considered an obvious strategy, often large doses and multiple injections are required to achieve specific biological responses in humans due to its shorter half-life in circulation, slow diffusion, rapid degradation and cleavage [96]. However *in vivo*, GFs are protected and stabilized by their binding to different extracellular matrix (ECM) molecules. Hence, selecting a suitable biomaterial carrier system has long been considered to be of critical importance to tailor the localized and sustained release of single or multiple GFs [97].

Currently, a plethora of delivery vehicles based on natural and synthetic polymers, inorganic biomaterials, and their composites have been designed in the form of sponges, nanofibrous membranes, micro/nanoparticles, and hydrogels, to either chemically or physically entrap GFs into or onto the substrate [99]. For instance, dual delivery of VEGF and BMP-2 has shown great capacity for nearly complete regeneration of a critical size defect in rats [98] (Figure 3). Depending on the mode of immobilization, the release rate of the GFs may be regulated by processes including diffusion, flow, erosion or degradation, surface charge, charge density, swelling, wettability, dissolution or via an on-demand triggering mechanism including pH, temperature, enzymes, light, electric/magnetic field, ultrasound, etc. [100]. Despite these extensive *in vitro* studies, the efficacy and safety of these delivery systems are not well established in preclinical and clinical stages.

Notably, some of the commercially available products that are available for clinical use are based on rhBMPs. For instance, rhBMP-2 infiltrated within absorbable collagen sponge (Infuse® from Medtronic, USA) has FDA approval for various bone defects including sinus lift and localized alveolar ridge augmentation [101]. Similarly, OP-1® Putty (Stryker Biotech), comprised of bovine derived collagen incorporating rhBMP-7, is another commercially available graft material for non-union fractures. Other carrier based grafts recognized for clinical applications in the USA include beta-tricalcium phosphate (β -TCP) porous carrier infused with rhPDGF (GEM 21S® from Osteohealth, USA) to treat periodontally related bone defects and associated gingival recession [102]. Therefore, the inclusion of GFs within biomaterials not only sustains the release kinetics but also provide a porous osteoconductive framework for the bone ingrowth to occur.

Another interesting concept for accelerated bone regeneration is the combined or sequential delivery of multiple GFs. Though this approach seems extremely challenging due to difficulties in choosing the appropriate concentrations of GF cocktails, tailoring the release profiles, controlling the gradients and timings, etc., these dual or multiple delivery vehicles are proven to be effective in stimulating angiogenesis and bone healing [103–105]. For example, a Phase I/II human clinical trial displayed the efficacy and safety of a combination of PDGF/IGF-I in eliciting increased defect fill in periodontal lesions, when co-delivered in a methylcellulose gel vehicle [106].

Stem cell delivery

Another promising application of biomaterials is their use as stem cell-delivery vehicles. Preclinical studies have shown poor engraftment and survival of cells that are directly administered only in saline or media, due to their immediate encounter with harsh conditions such as hypoxia, inflammation, and reactive oxygen species [107]. Biomaterials can function as a substitute to native ECM, conferring a conducive framework for the attachment and growth of encapsulated cells, and thereby preventing anoikis, a form of apoptosis. Moreover, biomaterials can be optimized to offer protection against host immune attack, and they can be manipulated to induce major cellular processes necessary for tissue regeneration [108, 109]. Most of all, the attractive approach of using hydrogels as minimally invasive stem cell delivery vehicles open exciting avenues to reconstruct craniofacial defects resulting from trauma, disease, or congenital abnormalities, without the need for extensive invasive surgeries. For instance, the regenerative potential of injectable composite hydrogels for MSC delivery was demonstrated in a rat critical size cranial defect [110]. However, a drawback of this injectable hydrogel system in craniofacial regeneration is a lack of ability to provide 3D architecture and mechanical stability, especially in cases involving significant bone loss, such as in traumatic injury or oncologic surgery.

The cells that have been predominantly investigated under clinical trials to date include adult stem/progenitor cells from limbus, adipose tissue, bone marrow, placenta, dental pulp and periodontal ligament [111]. Owing to the limitation of the clinical use of pluripotent stem cells (ESCs and iPSCs), the alternate choice for bone and cartilage repair is MSC therapies. This work continues despite a few reports on clinical trial failures in the treatment of ulcerative colitis, ischemic stroke, cardiac repair, acute kidney injury, ischemic stroke, acute respiratory distress syndrome and critical limb ischemia [112]. At this time there are a limited number of commercially available bone graft materials incorporating MSCs for clinical use and these graft materials are all centered around demineralized bone matrix (DBM). The products include Allostem® (AlloSource), Map3TM (rti surgical), Osteocel Plus® (NuVasive) and Trinity Evolution MatrixTM (Orthofix)[113]. It is noteworthy to mention that some of the other commercially available bone grafts are also envisioned as carrier systems for MSC delivery, including collagen sponge (CopiOs sponge, Zimmer), βTCP (Vitoss®; Stryker), Collagen-βTCP composite (Collage™ Putty: Orthofix) and nanoHydroxyapatite – collagen carrier (nanOss® Bioactive (rti surgical) [113, 114]. Another non-invasive source of stem cells is the dental pulp and the inclusion of dental pulp stem/ progenitor cells within collagen sponge was clinically established to restore human mandibular bone defects caused by the extraction of third molars [115]. In summary, biomaterial mediated stem cell delivery has significant potency to regenerate oral and maxillofacial structures, though its long term clinical safety and efficacy is yet to be determined.

Gene delivery

Owing to the limited bioactivity, *in vivo* instability and high hepatic/renal clearance rates of GFs, gene therapy has been proposed as an alternative to achieve localized and sustained gene expression at the defect site in order to achieve spatiotemporally coordinated protein synthesis.[116, 117] Though a variety of viral vector systems (adenovirus, adeno-associated

virus, lentivirus, and retrovirus)[118] have been considered effective due to their high transfection efficiency, biomaterials are often preferred in terms of immunogenicity, safety, ease of manipulation and mutagenesis.[119] To date, several material based systems (lipid-, peptide-, and polymer-based systems) and various gene transfer approaches (microinjection, the "gene gun" and electroporation) have been evaluated for gene delivery [119]. Nevertheless, the rational design of a suitable biomaterial based vector for human clinical trials remain elusive, as the vectors have to bypass a series of systemic, extracellular and sub-cellular barriers including blood serum proteins/enzymes, cell membrane, endosomes and the nuclear membrane. [120–122] All the gene therapy clinical trials reported thus far, for a range of disorders (SCID-X1, cancer, cardiovascular disease, AIDS, cystic fibrosis, muscular dystrophy etc.) were mostly based on viral vectors [123, 124]. Despite encouraging results of non-viral biomaterial based gene delivery in *in vitro* and *in vivo* studies, no significant progress has been made toward attaining clinical success. Nevertheless, well-studied biomaterial-mediated gene delivery approaches involves the use of gene activated matrices (GAM), composed of porous collagen sponges for the site specific delivery of plasmid DNA directly to the fracture site.[118] Bonadio et al. established the potency of physically entrapping PTH 1-34/BMP-4 encoding cDNAs in these GAM for new bone formation in a beagle tibia critical defect model. [125, 126] Thus, direct delivery of pure DNA complexes using biomaterial carrier systems offers the flexibility of integrating cells, drugs and groups of other interacting factors to achieve multifunctional therapeutic benefits. Hence, it is believed that biomaterial mediated gene delivery technologies that are currently under development will eventually be used clinically to treat difficult bone loss problems.

3D Printing and Bioprinting

The rapid expansion of the field of 3D printing in the past 5 years has had a considerable and immediate impact in the area of craniofacial bone augmentation. 3D printing addresses a series of significant challenges that up to now have prevented bone tissue engineering from being translated into clinical practice. The benefits of 3D printing include the ability to control the internal and external 3D architecture of scaffold systems, the ease of fabrication of scaffolds that precisely match patient specific needs, the possibility of fabricating scaffolds with multiple materials, and the ability to control cell behavior and mechanical response by pre-defining scaffold architecture[134, 135]. We have addressed the characteristics of 3D printing that make this method especially relevant for craniofacial regeneration in a recent review [134].

While 3D printing and 3D bioprinting are concepts that often have been used interchangeably, in fact they involve different requirements as far as the materials and printing capabilities are concerned. 3D printing is often utilized to describe the fabrication of inert or bioactive scaffold materials without the presence of living cells, whereas 3D bioprinting generally refers to printing of cells and scaffolds together (cell-laden biomaterials) or dense aggregates of cells free from scaffold support [136]. Although there has been immense growth in the number of printing methods available in the past 5 years, the more well established 3D printing modalities for tissue engineering applications are typically categorized as extrusion printing, inkjet printing, laser printing and to a lesser some

extent lithography printing (which shares similarities with the laser 3D printing modality). Extrusion 3D printers/bioprinters have been the most relevant for bone augmentation research because, compared to other printers, they allow rapid fabrication of the larger scale constructs required for clinically relevant tissue constructs. Moreover, depending on the materials and hardware characteristics, extrusion 3D printers can be tailored to dispense a wide range of materials that have proven osteoinductive capacity, including CaP injectable pastes, ceramic bases, cell-laden hydrogels, and other types of FDA approved medical grade polymers, such as polycaprolactone (PCL) [137–142].

There are noteworthy examples that exemplify how 3D printers can revolutionize the manner in which craniofacial/long bone augmentation is conducted in the clinic. Recent work by Atala's group demonstrated that a large mandibular bone defect could be regenerated using a sizable multi-typic tissue construct 3D bioprinted with cell-laden hydrogels and a supporting scaffold having controlled porosity to stimulate new vasculature formation (Figure 4) [135]. Another recent example of the successful application of 3D printed scaffolds for bone regeneration was the use of a 3D printed medical-grade PCL with TCP combined with rhBMP-7, which has been reported to enable bridging of a 30 mm long bone defect in a sheep model with superior results compared to the gold standard of autologous bone [143]. Post-surgical biomechanical and microcomputed tomography analyses after 12 months showed significantly greater bone formation and bone quality for the printed scaffolds compared to a bone autograft material.

Examples of how these 3D printing technologies will be introduced to the market remain uncertain, as the FDA has yet to standardize a series of questions that relate to the process of 3D tissue/scaffold fabrication that go beyond simple validation of the printing material itself. Nevertheless, examples of companies commercializing pre-3D printed scaffold systems for craniofacial regeneration are already commercially available, such as OsteoFlux, a 3D printed CaP osteoinductive material sold by Vivos Dental AG. Despite the uncertainty that is common for the early adoption of a new technology, the current literature presents countless examples of how 3D printing methods can facilitate the fabrication of scaffolds with controlled structure architecture and porosity, of pre-vascularized tissue constructs [144], patient-specific characteristics [145], enhanced mechanical properties [143] and many other advantages. Therefore, one may argue that the future of craniofacial bone augmentation will most certainly cross paths with the next generation of 3D printed materials.[136]

Conclusions

Several decades of intense research have yielded a new generation of biomaterials and novel design strategies with limitless benefits of incorporating cells, drugs and other biochemical signals to promote the formation of engineered bone tissue. With the latest advent of 3D biofabrication technologies, the future of craniofacial reconstruction will witness patient specific surgical implants for large volume bone defects that can fully vascularize and rapidly integrate with the supporting host tissue. Further, the innovative approach of engineering the inherent biomaterial properties to regulate stem cell fate decisions in the host will not only have important implications in fostering bone regeneration but also will nullify the side effects of using biochemical inducers or soluble factors. Apart from the

promise of replacing intricate craniofacial deformities with synthetic materials, the field of biomaterials also envisions additional breakthrough approaches involving a combination of physical, chemical, biological and engineering processes to stimulate accelerated bone regeneration.

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Key points

- Calcium phosphate bioceramics remain some the most widely used biomaterials for bone regeneration, particularly owning to their long clinical track-record and well studied mechanisms.
- Both natural and synthetic polymers, despite their comparatively low rigidity, offer a range of physical and biological advantages over bioceramics, such as the possibility of controlling 3D cellular microenvironments for stem cell differentiation and tissue regeneration.
- Biomaterials can be synthesized and/or manipulated to be used for growth factor, gene and stem cell delivery applications with increasingly more successful outcomes.
- 3D printing and bioprinting have already revolutionized the field of bone regeneration, and it is likely that the next generation of biomaterials for bone regeneration will take advantage of some method of 3D printing.





Figure 1.

(A) Diagram outlining current models proposed for bone mineral formation. Bone apatite formation likely proceeds via a number of cooperative/redundant mechanisms. (B–C) Calcium induces (B) cell proliferation and (C) BMP-2 expression in hMSCs treated with Ca^{2+} enriched medium as compared to control medium. Statistical analysis was done with two-Way ANOVA and Bonferroni's post-hoc tests.

A: *From* Boonrungsiman S, Gentleman E, Carzaniga R, et al. The role of intracellular calcium phosphate in osteoblast-mediated bone apatite formation. Proc Natl Acad Sci U S A 2012; 109(35): 14174; with permission.

B and C: *Adapted from* Barradas AM, Fernandes HA, Groen N, et al. A calcium-induced signaling cascade leading to osteogenic differentiation of human bone marrow-derived mesenchymal stromal cells. Biomaterials 2012. 33(11): 3205–3215; with permission.

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Figure 2.

Porous β -TCP scaffolds with angiogenic and osteogenic potentials. (A) Representative SEM image illustrating the 3D porous architecture of β -TCP scaffold. (B) Micro-CT images showing interconnected pores of scaffold in 3-D. (C) Fluorescent image showing the robust proliferation of HUVEC cells after 7 days of culture. (D) Immunofluorescent image depicting the endothelium lined microchannels of collagen infiltrated, macroporous β -TCP scaffold. (E–H) Photographs showing the subcutaneous implantation of four types of implants, namely (E) Collagen/HUVEC, (F) Collagen/HUVEC/ β -TCP, (G) Collagen/Channel/ β -TCP-based grafts in nude mice.

A–C: *From* Kang Y, Kim S, Fahrenholtz M, et al. Osteogenic and angiogenic potentials of monocultured and co-cultured hBMSCs and HUVECs on 3D porous β -TCP scaffold. Acta Biomater 2013; 9(1): 4906–4915; with permission.

D–H: *From* Kang Y, Mochizuki N, Khademhosseini A, et al. Engineering a vascularized collagen- β -tricalcium phosphate graft using an electrochemical approach. Acta Biomater 2015; 11: 449–458; with permission.

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Figure 3.

Microcomputed tomography images of bone regeneration in rat calvarial critical size defect at 4 (top row) and 12 (bottom row) weeks with no growth factor delivery (A, E), VEGF delivery only (B, F), BMP-2 delivery only (C, G) and VEGF/BMP-2 dual delivery (D, H). Scale bars –200 µm.

From Patel ZS, Young S, Tabata Y, et al. Dual delivery of an angiogenic and an osteogenic growth factor for bone regeneration in a critical size defect model. Bone 2008; 43(5): 937; with permission.

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Figure 4.

3D bioprinted human scale mandible and calvarial bone constructs. (A) 3D CAD model of mandible bony defect obtained by converting the medical CT scan data. (B) Visualized motion program depicting the required dispensing paths of cell-laden hydrogel (red), a mixture of PCL and tricalcium phosphate (green), as a scaffold, and Pluronic F127 (blue), which is used as a temporary support structure. (C) 3D patterning of cell laden hydrogel on PCL platform. (D) Macroscopic image of the 3D printed mandible bone defect construct, grown in osteogenic medium for 28 days. (E) Alizarin Red S staining indicates terminal osteogenic induction and mineral deposition in human amniotic fluid–derived stem cell. *From* Kang HW, Lee SJ, Ko IK, et al. A 3D bioprinting system to produce human-scale tissue constructs with structural integrity. Nat Biotechnol 2016; 34(3): 312–319; with permission.

Table 1

Calcium phosphate compounds and their solubility/degradation properties

Name	Chemical formula	Symbol	Ca/P ratio	-log(K _{sp}) at 298 K
Monocalcium phosphate monohydrate	Ca(H ₂ PO ₄) ₂ .H ₂ O	MCPM	0.5	1.14
Dicalcium phosphate anhydrous	CaHPO ₄	DCPA	1.0	6.90
Dicalcium phosphate dihydrate	CaHPO ₄ .2H ₂ O	DCPD	1.0	6.59
Octocalcium phosphate	Ca ₈ H ₂ (PO ₄) ₆ .5H ₂ O	OCP	1.33	96.6
Hydroxyapatite	Ca10(PO4)6(OH)2	HA	1.67	116.8
Fluorapatite	$Ca_{10}(PO_4)_6F_2$	FA	1.67	120.0
Monocalcium phosphate anhydrous	$Ca(H_2PO_4)_2$	MCPA	1.67	1.14
a-Tricalcium phosphate	α -Ca ₃ (PO ₄) ₂	a-TCP	1.5	25.5
β-Tricalcium phosphate	β -Ca ₃ (PO ₄) ₂	β-ΤСΡ	1.5	28.9
Tetracalcium phosphate	Ca ₄ (PO ₄) ₂ O	TTCP	2.0	38.0

The parameter $-\log(K_{SP})$ denotes the solubility product. The lower the $-\log(K_{SP})$ value, the higher is the solubility. Similarly, it can also be noted that acidic products (MCPM) with lower Ca/P ratio have higher solubility compared to basic compounds, such as hydroxyapatite with higher Ca/P ratio.

Table 2

List of representative commercially available Calcium Orthophosphate Cements

Commercial name	Formulations	End product	Company name	Applications
Biopex®	75 wt% α-TCP, 18 wt% TTCP, 5 wt% DCPD and 2 wt% HA	Apatite	Mitsubishi Materials	Bone defect repair, Reinforcement of orthopedic screws and implants, Filling gaps between cement-less artificial joints and bone
Norian SRS®	$MCPM + \alpha \text{-}TCP + CaCO3$	Apatite	DePuy Synthes	Skeletal distal radius fractures, craniofacial
BoneSource TM	TTCP (73%), DCPD (27%)	Apatite	Stryker Leibinger	Craniofacial
ChronOS TM	β-TCP (73%), MCPM (21%), MgHPO ₄ ·3H ₂ O (5%)	Brushite	DePuy Synthes	Metaphyseal bone defects, cranioplasty, Onlay Augmentations in the craniomaxillofacial area
a-BSM®	ACP (50%), DCPD (50%)	Apatite	ETEX	Filling of bone defects and voids, dental, craniofacial
Cementek®	a-TCP, TTCP	Apatite	Teknimed	Filling of bone defects
Biocement D®	58% α-TCP, 24% DCPA, 8.5% CaCO3, 8.5% calcium-deficient HA	Apatite	Merck (GER) Biomet	Filling of bone defects in maxillary surgery
Mimix TM	TTCP, a-TCP	Apatite	Walter Lorenz Surgical	Bony contouring of craniofacial skeleton, craniotomy cuts
Calcibon®	α-TCP, DCPA, CaCO3, HA	Carbonated apatite	Biomet Inc.	Filling of noninfected, metaphyseal, cancellous bone defects